

Player Responsibilities:

1. All dancers will be officials and opponents with dignity, respect and sportsmanship.
2. Regardless of ability or dancing time, all dancers are equal members of the team. We will treat all teammates with respect, friendship, and acceptance.
3. Attendance at all practices, team meetings and events like sports games or school events is expected. Even if not participating, injured dancers are welcomed and expected to attend practices and events and games. All dancers will please arrive on time, listen and participate however possible. Encourage teammates, learn new dances from the bench/sideline, assist the team, ect.
4. Excused absences are from practices and games are fine. Dancers can inform the coach verbally about an expected absence, or leave a note for the coach in the school office at the earliest possible time before the event. Of course, email and phone calls about schedule conflicts ect. Is fine too.
5. Please be on time to games/events and practices. Tardiness and showing up unprepared disrupts the teams
6. Dancers will treat themselves with self-respect, respect for others, and represent their school, coach and team with sportsmanship during games/events and practices.
7. 6th, 7th and 8th graders will have to a minimum of a 2.0 grade point average and appropriate behavior at all times.

Parent Responsibilities:

1. Comments by parents and guests from the sidelines during games will please be encouraging and/or complimentary. Please refrain from making comments regarding mistakes or errors during games.
2. Derogatory, combative, or disrespectful comments directed at referees are unacceptable.
3. Please discuss team concerns directly with the coach or athletic director. All questions, comments, or concerns will be addressed in a timely and respectful manner. A meeting can be arranged to help resolve issues as needed.
4. Parents are welcome to enter the gym at the end of practice. This helps the coach have your dancers full attention and for your dancer to put their best effort into practice.
5. Please encourage your dancers to be on time and ready for games/events and practices "10" minutes before events for this allows for their makeup "face paint" to dry.

Coach:

1. Coach will abide by the rules of conduct expected of parents and dancers.
2. This program will encourage individual growth, social inclusion and development, and the building of dance/cheerleading knowledge and skills for the team as a whole.
3. Sportsmanship and effort will be rewarded; all dancers will be afforded dance time opportunities regardless of individual talent and skill.
4. Coach will teach team rules, spirit and provide continual feedback and encouragement.
5. Coach will promote and expect a positive atmosphere on the practice space, in spirit huddle and during performances/events and games.
6. Coach will challenge each dancer to learn skills and to be effective in their training. Improvement and learning will be the goal; positive team results will be the desired outcome.
7. Coach will treat dancers, parents, opponents, and officials with respect.
8. Coach will maintain a positive and open line of communication with parents and dancers

Practice

1. Dancers will come dressed and ready in the appropriate attire (Black shorts, Team shirt, Bow and tennies). Please no jewelry, watches, hats, ect.
2. Wasting time is not helpful during practice. Dancers will please bring water bottles for breaks, which will occur regularly and as needed. Having a water bottle will save time. Please let the Coach know if you need one.